

# THE GREAT SCHUSS

LEXINGTON SKI & SPORTS CLUB

October, 2018

**LSSC Meeting**

**October 2, 2018**

**At**

**Roosters**

**124 Marketplace Dr., Lexington**

**(Off Man of War, just west of  
Nicholasville Rd.)**

**PROGRAM:**

**“Strategies to Prepare for Ski  
Season and Effectively Reduce  
Risk for Injury”**

**Drayer Physical Therapy**

**Social Hour Starting at 6:00 p.m.**

**Meeting Starting at 7:00 p.m.**

**Members and non-members are always  
welcome!**



# 2018 – 2019

## PROGRAMS

### 2018 Programs

 **October 2**

**“Strategies to Prepare for Ski Season and Effectively Reduce Risk for Injury”**

Presented by:

Ryan Shelton, DPT, OCS, Cert. MDT

and

Jonathan Harney, PT, DPT, OCS

We are excited to again present this program which was very popular last year! Ryan and Jonathan, physical therapists with Drayer Physical Therapy Institute, a national provider of outpatient physical therapy services, are the guest speakers. With a sports-medicine mindset, Drayer therapists utilize active treatment regimens focusing on exercise and manual treatment based therapy.

The presentation will include instruction in pre-season preventive exercises, warm-up exercises and post-season training. Sport-specific exercises will be demonstrated and the therapists will be available to answer your questions. Hand-outs and giveaways will be available for all who attend!!

Don't miss out on this opportunity to start preparing for ski season with a sport specific fitness program! Members and non-members are always welcome!

Updates will also be provided on our Winter Park, Snowshoe, Aspen/Snowmass, Lake Tahoe, and Italy (Val di Fassa and Amalfi Coast) trips. Sign-up for a trip at the meeting or in advance at the website:

[www.lexskisports.org](http://www.lexskisports.org)

 **November 6, 2018**

**Perfect North Slopes**

**Guest speaker: Megan Holthaus, Co-Manager of the Ski School**

 **December 4, 2018**

**Holiday Party**

**Pivot Brewing**

# **NEWS FROM THE EXECUTIVE VICE PRESIDENT**

Limited space still exists for our 2018-2019 trips.\* Don't delay! The trips and dates are as follows.

## **WESTERN SKI TRIPS**

**WINTER PARK, CO**

**December 27- January 1**

**Trip Leader – Roman Puchovsky**

**ASPEN/SNOWMASS, CO**

**January 26 – February 2**

**Trip Leader – Terry Carrico**

**SOUTH LAKE TAHOE, CA/NV**

**February 23 – March 2**

**Trip Leaders – Keith Hubbard and Elena Todd**

## **INTERNATIONAL TRIP**

**VAL DI FASSA, ITALY**

**March 8 – 17  
(Ski and Tour)**

**AMALFI COAST, ITALY**

**March 17 – 24  
(Tour Only)**

**Trip Leader – Janet Jones**

See attached trip fliers or the LSSC web page ([www.lexskisports.org](http://www.lexskisports.org)) for more information on the trips.

## **LOCAL SKI TRIPS**

**SNOWSHOE, WV**

**January 18-21**

**Trip Leader – Tom O’Donnell**

**SNOWSHOE, WV**

**February 10-13**

**Trip Leader – Tom O’Donnell**

**PERFECT NORTH, LAWRENCEBURG, IN**

**TBD**

**Trip Leader – Tom O’Donnell**

**\* At the time of publication, trip openings are:**

- Winter Park - We have 4 of 12 slots open.
- Snowshoe Jan and Feb trips - Both trips have openings.
- Aspen/Snowmass - We sold out our initial 16 slots (4 condos) and secured 3 more condos. We only have 5 spots left.
- Lake Tahoe - Only 2 of 16 slots are open.
- Italy - Only 5 of 15 slots are open.

Note: For all of our trips, there is a possibility we can get 1 or more additional condos if we sell out, but there are no guarantees.

# 2018 Winter Park Trip

LSSC Trip to Winter park, Colorado

December 27, 2018 – January 1, 2019 (Thursday – Tuesday)

Trip Cost: \$1949 via check; \$2008 via PayPal

Limited to: 12 People



- Closest big mountain to Denver (about 45 minutes)
- 3081 acres of skiable terrain / 166 Trails
- 25 chairlifts servicing 6 peaks
- Base @ 9000 feet / Summit @ 12,060 feet

<p><b><u>Lodging</u></b> – 5 nights at the Beaver Village Condominiums</p> <p>Features:</p> <ul style="list-style-type: none"> <li>• A sauna, indoor pool and 3 hot tubs</li> <li>• 6 minutes from downtown Winter Park</li> <li>• 5 minutes from Winter Park Ski Resort</li> <li>• Free shuttle to / from ski lifts</li> <li>• Free Wifi</li> <li>• California Wine delivered to Beaver Village</li> </ul>	<p><b><u>Trip Includes:</u></b></p> <ul style="list-style-type: none"> <li>• RT airfare from Cincinnati to Denver (non-stop)</li> <li>• 5 nights lodging at Beaver Village Condominiums</li> <li>• Adult 5 day lift ticket to Winter Park</li> <li>• All current air and lodging taxes</li> </ul>
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**Flight details**

27DEC18	UA3405 CVG/DEN	9:35AM 10:40AM
01Jan19	UA4519 DEN/CVG	5:25PM 10:01PM

**Contact:** Roman Puchovsky

[rpuchovsky@lexingtonpolice.ky.gov](mailto:rpuchovsky@lexingtonpolice.ky.gov)

[puchovskyr@yahoo.com](mailto:puchovskyr@yahoo.com)

## **Payment Schedule:**

	Via Check	Via PayPal
August	\$100	\$100
September	\$650	\$670
October	\$650	\$670
November	\$549	\$568
Total Cost	\$1949	\$2008





# ASPEN/ SNOWMASS

Visiting Aspen Snowmass is akin to enjoying four separate ski vacations. Snowmass, Aspen Mountain, Aspen Highlands and Buttermilk combined offer 5,303 total acres of skiable terrain, eight terrain parks and 336 trails served by 46 lifts.

## PAYMENT SCHEDULE

	Cash - Check	PayPal - Cr Card
<b>August</b>	<b>\$100</b>	<b>\$100</b>
<b>September</b>	<b>\$450</b>	<b>\$465</b>
<b>October</b>	<b>\$450</b>	<b>\$465</b>
<b>November</b>	<b>\$450</b>	<b>\$465</b>
<b>December</b>	<b>\$339</b>	<b>\$348</b>

## FLIGHT DETAILS – United Airlines

We will depart from Lexington and fly into Aspen, thus avoiding the four-hour drive from Denver to Aspen/Snowmass.

- Jan 26 – UA5272 Lexington to Chicago 6:15 am-6:49 am; connect to UA5843 Chicago to Aspen 10:00 am-12:09 pm
- Feb 2 – UA5826 Aspen to Chicago 4:05 pm-7:49 pm; connect to UA5760 to Lexington 9:10 pm-11:22 pm

Jan 26, 2019  
to  
Feb 2, 2019

Standard Package

**\$1,789**

Per person, double  
occupancy

## SKI AREAS

Snowmass,  
Aspen  
Mountain,  
Aspen  
Highlands, and  
Buttermilk

## OVSC-Sponsored trip includes:

Round-trip airfare  
from Lexington to  
Aspen  
7 nights lodging  
5-day lift ticket pass  
Ground transportation  
Welcome reception  
Apres-ski event  
Farewell party

## Options

- No Air – Subtract \$420
- No Ground Transportation – Subtract \$49
- Single Supplement – Add \$728
- No Lift Ticket – Subtract \$370 (reduction to remove a 5-day lift ticket from the Standard Package for ages 18-64)

### Other Lift Ticket Options/Adjustments

Age Range	7-17	18-64	65+
No Lift Ticket (1)	\$0	\$0	\$0
3 of 10 Day Lift Ticket	\$180	\$278	\$180
4 of 10 Day Lift Ticket	\$222	\$278	\$222
5 of 10 Day Lift Ticket	\$277	\$370 (2)	\$277
6 of 10 Day Lift Ticket	\$333	\$465	\$333

(1) IKON pass holders do not require a lift ticket

(2) Included in the Standard Package

## Lodging Information

Lodging at Tamarack Condominiums – 2BR/2BA (short walk to lifts)

## Miscellaneous Information

- We are staying at Snowmass and will use shuttle buses to access Aspen Highlands, Aspen Mountain, and Buttermilk.
- Trail maps with detailed mountain information will be available at our club meetings.



Sign-up at <https://www.lexskisports.org/trips> or at one of our club meetings.  
For inquiries, please email Terry L Carrico at [TerryLCarrico@hotmail.com](mailto:TerryLCarrico@hotmail.com), or call/text 1-859-527-9924.



# LAKE TAHOE

## Enjoy 6 days, 7 nights at gorgeous Lake Tahoe!

Lodging will be at Forest Suites Resort at Heavenly Village. Two-double bed rooms include work table and two chairs, coffee maker and 27-inch TV. Shopping, dining, Heavenly Village, Heavenly Gondola, Van Sickle Bi-State Park, and Heavenly Village Cinema are all within a short

PAYMENT SCHEDULE		
	Cash - Check	PayPal - Cr Card
August	\$100	\$100
September	400	415
October	400	415
November	400	415
December	339	344

walking distance.

## FLIGHT DETAILS – Southwest Airlines - 2 bags included

Feb 23 - SWA 4431 Louisville to Las Vegas 2:35 pm-3:55 pm;  
connect to SWA 2647 Las Vegas to Reno, NV 5:30 pm-6:50 pm

Mar 2 - SWA 3525 Reno to Las Vegas 9:35 am-11:00 am; connect to  
SWA 3845 LV to Louisville 11:50 am-6:25 pm

## SOUTH LAKE TAHOE, CA

Feb 23, 2019  
to  
Mar 2, 2019

\$1,639

Per person, double  
occupancy

## SKI AREAS

Heavenly

NorthStar

Kirkwood

## OVSC-Sponsored trip includes:

Round-trip airfare from  
Louisville to Reno, NV  
7 nights lodging  
5-day lift ticket pass  
Ground transportation  
Welcome reception  
Breakfast at the hotel  
Lunch on the mountain  
Apres-ski event  
Farewell cocktail party  
with band & dancing



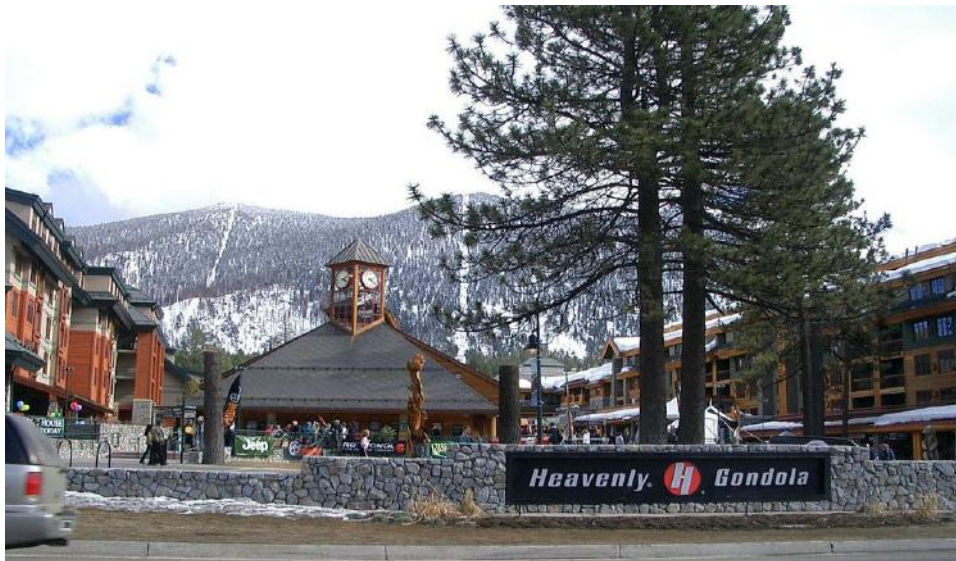
## KIRKWOOD RESORT



## NORTHSTAR RESORT



## HEAVENLY RESORT



**Ski area details to follow.**

### **TRIP LEADER CONTACT INFORMATION:**

Keith Hubbard – 859-576-6229 – [hubcat88@aol.com](mailto:hubcat88@aol.com)

OR

Ellie Todd – 818-480-2779 – [ellie224@gmail.com](mailto:ellie224@gmail.com)

# HOLIDAZE SKI TOURS®

and

## LSSC and OVSC

# Val di Fassa, Italy

March 8 – 17, 2019



**Price per person: \$ 2,899 p.p. Double      \$ 3,069 p.p. Single**

### **Included Features:**

- Air transportation between Lexington and Milan via Delta/KLM Airlines,
- Transfer between Milan Airport and Val Di Fassa Hotel via private coach with English speaking assistant.
- 7 nights accommodations at the 4 star Hotel Astoria. [www.hotel-astoria.net](http://www.hotel-astoria.net)
- Breakfast and Dinner Daily.
- Afternoon Skier's buffet.
- Weekly Gourmet Gala Dinner with Special meal and live music.
- Free entrance to the new SPA.
- Brand new swimming pool area and Jacuzzi tub.
- Complimentary Hotel Minibus to the Ski Lifts.
- Transfer between Val Di Fassa and Milan via private coach with English speaking assistant.
- 1 night accommodations in Milan at an airport Hotel.
- Breakfast buffet daily in Milan.
- Transfers between Milan Hotel and Airport via Hotel Shuttle.
- All local taxes
- All Air taxes (subject to change)
- All Fuel surcharges (subject to change)

**Space is very limited for this trip:  
contact trip leader immediately if  
you are interested!**

Pricing is only \$2,899 for all this!

Remember that pricing is not final until ticketing due to fluctuations in currency rates and airline surcharges/taxes. Contact trip leader Janet Graham Jones – 859.420.5016 or [jgjones@uky.edu](mailto:jgjones@uky.edu)

## ABOUT VAL DI FASSA

The enchanting world of the Dolomites - ancient legends and myths characterise the famous pale mountains. Already some 40 million years ago those mountains were formed, which got their name from a limestone rock called dolomite.

And in between those mighty pale mountains lies the Fassa Valley, with a rich number of hiking trails taking you right to the heart of the beautiful natural scenery called Dolomites. The valley is characterised by the Avisio river and thanks to such famous mountains as the Sella Group or legendary Marmolada it is one of the most renowned Alpine valleys. Val di Fassa is by the way the only Trentino valley where the Ladin language is still spoken.

Winter turns Val di Fassa into a true skiing paradise. The ski areas of the valley are all part of the Dolomiti Superski area, the biggest association of ski areas all over the world. The lifts and gondolas are running even in summer which might come quite handy when embarking on long and challenging hikes across the mountains. Steeped in tradition, the valleys boast a very special flair. Enjoy true hospitality and get to know almost forgotten traditions and cultures...

## THE SKI AREAS

9 ski areas - Marmolada/Pian dei Fiacconi, Alba/Ciampac; Canazei/Belvedere/Passo Pordoi; Campitello/Col Rodella/Passo Sella, Pozza di Fassa/Buffaure, Vigo di Fassa/Ciampedie, Passo Carezza, Moena/Lusia/Bellamonte, Passo San Pellegrino/Col Margherita/Falcade - 210 kilometres of pistes, 83 operating lifts.

Technical snow making guarantees more than 95% slope covering.

Links to the neighbouring ski areas, breath-taking views and a wide choice of refuges and places of refreshment for a 360° mountain experience.

### **SKIAREA: VAL DI FASSA/CAREZZA**

***Total km of ski runs: 118***

*Black runs 12 km*

*Red runs: 70 km*

*Blue runs: 36 km*

***Total number of lifts: 59***

*Cable cars & Cabin lifts: 13*

*Chair-lifts: 29*

*Skilift and carpets: 17*

**Hourly capacity: 118.230 pph**

## BREAKDOWN OF DIFFERENT SKI AREAS

### **MARMOLADA/Pian dei Fiacconi □ 5,5 km ski runs**

medium difficulty/red: 5,5 km

**Number of lifts: 1**

1 cable car

**Hourly capacity: 605 p/h**

### **ALBA/CIAMPAC □ 9,3 km ski runs**

difficult/black: 2,8 km

medium difficulty / red: 6 km

easy/blue: 0,5 km

**Number of lifts: 6**

1 cable car, 3 chair lifts, 2 ski lifts

**Hourly capacity:** 9.860 p/h

**Most difficult run:** "Pista Ciampac" 2,8 km, difference in slope: 658 m.

### **CANAZEI/BELVEDERE/PASSO PORDOI □ 21,5 km ski runs**

difficult/black 1,3 km

medium difficulty/red: 15 km

easy/blue 5,2 km

**Number of lifts: 14**

3 cable cars, 3 cableways, 6 chair lifts, 2 ski lifts

**Hourly capacity:** 22.766 p/h

**Direct link to the Sellaronda (a ski tour of 42 km around the Sella massif known also as Tour of the Four-Passes: Sella, Pordoi, Campolongo and Gardena)**

### **CAMPITELLO/COL RODELLA/PASSO SELLA □ 9,9 km ski runs**

medium difficulty /red: 9 km

easy /blue: 0,9 km

**Number of lifts: 9**

1 cable car, 1 cableway, 5 chair lifts, 2 ski lifts

**Hourly capacity:** 14.424 p/h

**Direct link to Sellaronda (42 km Ski tour around the Sella massif and ski connections among the Four-Passes: Sella, Pordoi, Campolongo and Gardena)**

### **POZZA DI FASSA/BUFFAURE □ 14,4 km ski runs**

difficult /black: 3 km

medium difficulty/red: 10,7 km

easy/blue: 0,7 km

**Number of lifts: 7**

1 cable car, 4 chair lifts, 2 button lifts

**Hourly capacity:** 9.520 p/h

**Buffaure Snowpark:** reachable by Pozza-Buffaure cable car, 110 mt long, 66 m wide, box, jibbing area & rail

**Night skiing:** ALOCH slope at the Ski Stadium Aloch in Pozza di Fassa: 1,6 km

### **VIGO DI FASSA/CIAMPEDIE □ 13,75 km ski runs**

difficult/black: 1,15 km

medium difficulty/red: 6,2 km

easy / blue: 6,4 km

**Number of lifts: 6**

1 cableway, 5 chair lifts

**Hourly capacity:** 9.798 p/h

**PASSO CAREZZA □ 41,7 km ski runs**

difficult/black: 3,2 km

medium difficulty/red: 16,11 km

easy/blue: 22,5 km

**Number of lifts: 16**

6 chair lifts, 8 skilifts, 2 cable cars

**Hourly capacity: 17.040 p/h**

\*\*\*\*\*

**SKIAREA: ALPE LUSIA-SAN PELLEGRINO**

**Total km of ski runs: 95**

*Black runs: 12 km*

*Red runs: 49 km*

*Blue runs: 34 km*

**Total number of lifts: 24**

*Cable cars & cabin lifts: 6*

*Chair-lifts: 12*

*Ski lifts: 6*

**Hourly capacity: 38.020 p/h**

**MOENA/LUSIA/BELLAMONTE □ 27,5 km ski runs**

difficult /black: 4 km

medium difficulty/red: 10,5 km

easy/blue 13 km

**Number of lifts: 8**

4 cabin lifts, 3 chair lifts, 1 ski lift

**Hourly capacity: 11.780 p/h**

**S. PELLEGRINO/COL MARGHERITA/FALCADE □ 67,6 km ski runs**

difficult/black: 8,1 km

medium difficulty/red: 38,7 km

easy/blue: 20,8 km

**Number of lifts: 18**

1 cableway, 1 cabin lift, 9 chair lifts, 5 ski lifts

**Hourly capacity: 26.240 p/h**

**CROSS-COUNTRY SKIING**

**Total km of slopes: 51 km**

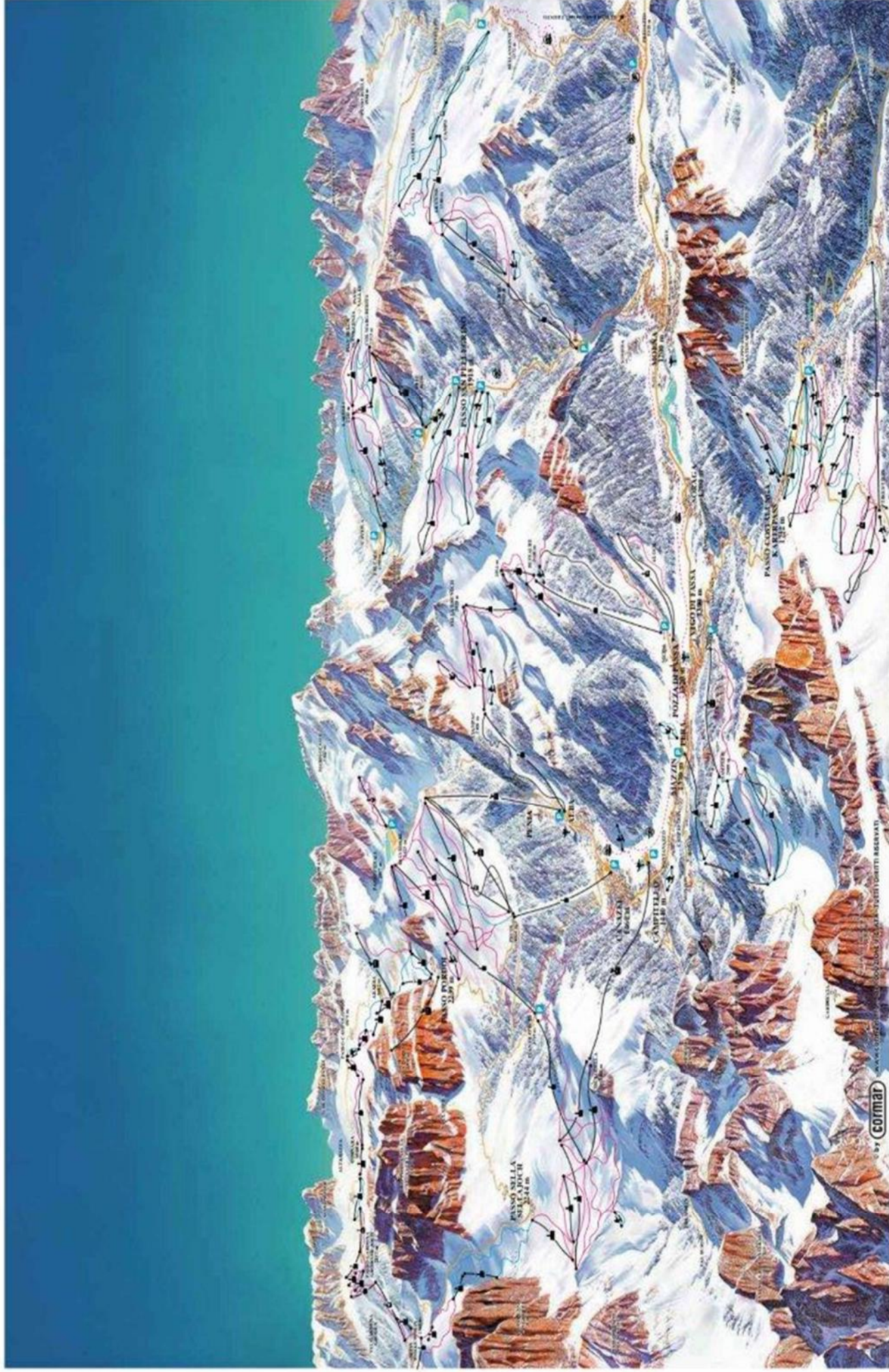
Easy 25,75 km

Medium 15,5 km

Difficult 10 km



# Val di Fassa, Italy





## BESIDES SKIING:

**Winter walks:** many are the paths that, directly from every village of the valley, lead to peaceful sites that can be easily reached by walking, also during the winter season. All these excursions are described in our guide of low-level walks.

**Snowshoe guided excursions:** snowshoe walking, in woods and along mountain trails, guided by experts. Aimed at offering an alternative to ski, these excursions can be practised easily also by beginners.

**Culture:** The Ladin Museum offers, in the winter season as well, many opportunities to get in touch with the Ladin cultural heritage and traditions. For further information: [www.istladin.net](http://www.istladin.net) Interesting from an artistic point of view area also the churches and ancient buildings called “tobié” (the Ladin word for haylofts), typical buildings made of wood and stones, that can be found in the historical centre of every village.

**Viewpoints:** At the upstream stations of the lifts there are refuges where non-skiers can relax, sunbathe and enjoy the view of the landscape and Enrosadira, when the mountains turn to coral red at dusk.

**Aquatic Center “Dòlaondes” and Wellness center “Eghes”** in Canazei. The triumph of water! Here, together with the swimming pool, the Eghes wellness center provides relax, offering various facilities and body regeneration: Turkish bath, calidarium and tepidarium, sauna and hot whirl pools. [www.dolaondes.it](http://www.dolaondes.it)

**Terme Dolomia:** Natural thermal spa with sulphurous water, the only one in Trentino. The Dolomia thermal water springs at 1.320 m from the rocks of the Monzoni and flows at a constant temperature (9,5° C) the whole year long. Moreover, medical and beauty treatments. [www.termedolomia.it](http://www.termedolomia.it)

**QC Terme Dolomiti:** a perfect combination of peace and harmony for the senses. More than 4.000 square meters with Jacuzzi, Kneipp treatments, waterfalls, Japanese baths, steam baths, saunas and bio-saunas, salt rooms and relaxation rooms. Pozza di Fassa becomes the capital of wellness in the Dolomites.

**Ice Stadium “G.M. Scola”:** indoor ice stadium, open in winter and in summer, bookable for exclusive group’s opening. Rent, ice skating lessons and bar. Opening periods: December-April. [www.hockeyclubvaldifassa.com](http://www.hockeyclubvaldifassa.com)

**Optional day tours:** A variety of fully escorted option day tours will be made available to nonskiers when booked in advance. More details will follow

## NIGHT LIFE

Val di Fassa offers a very lively night life: a lot of pubs with live music, disco bars, alpine refuges open at night that can be reached by motor sledge and one cinema.

## LOCAL CUISINE

Val di Fassa has numerous Pizzeria and restaurants, also awarded by the Michelin guide. Plenty of typical restaurants give tourists the possibility to decide among various traditional dishes of Val di Fassa, made with local ingredients.

## ONLINE INFORMATION

[www.fassa.com](http://www.fassa.com)

You find all general information regarding Val di Fassa: lifts, runs, ski schools, entertainment, events, etc:

[www.dolomitisuperski.com/valfassa](http://www.dolomitisuperski.com/valfassa)

Information regarding lifts in the Val di Fassa and in the whole Dolomiti

[www.visittrentino.it](http://www.visittrentino.it)

Superski - information about the Trentino region

Daily Itinerary .....

March 8: overnight flight to Milan

March 9: arrive Milan and transfer to Val di Fassa

March 10 - 15: ski days or optional day tours (information to follow)

March 16: transfer to Milan and overnight

March 17: flight to either USA or Naples if continuing on extension

# HOLIDAZE SKI TOURS®

and

## LSSC and OVSC

# AMALFI COAST EXTENSION

March 17 – 24, 2019

\$1689 per person double occupancy



### ITINERARY:

- March 17: Airfare between Milan and Naples via Alitalia  
Arrive Naples Airport; meet your tour leader and transfer to your hotel, The 4 Star Hotel **Caravel in Sant' Agnello**. (Dinner and overnight)
- March 18: Breakfast at hotel followed by full day tour of the **Amalfi Coast** with local guide. (Dinner and Overnight)
- March 19: Breakfast at hotel followed by full day tour of **Pompeii and Naples** (Dinner and Overnight)
- March 20: Breakfast at hotel followed by full day tour of **Capri** (Dinner and Overnight)
- March 21: Breakfast at hotel followed by full day **Herculaneum and Vesuvius**. (Dinner and Overnight)
- March 22: Breakfast at hotel followed by half Day tour of **Caserta Royal Palace**. (Dinner and Overnight)
- March 23: Transfer between hotel - Naples airport  
Flight to Milan  
Overnight Milan Airport Hotel
- March 24: Breakfast buffet at hotel  
Depart Milan for Lexington via Delta/KLM airlines.

**Book as a Stand-Alone for  
\$ 2,859 p.p. Double**

**HOTEL:** 4 Star Hotel Caravel [www.hotelcaravel.com/it/](http://www.hotelcaravel.com/it/)

*City taxes are included as per 2018. They may increase in 2019 without prior*

### Also Included:

- English speaking licensed tour escort with the group for the entire tour.
- English speaking licensed guides on all day tours
- Entrance fees in Pompeii, Herculaneum and Vesuvius, and Caserta Royal Palace
- All transfers required for Capri: Hotel to Sorrento Port, Ferry to Capri, Minivans in Capri, Return ferry to Sorrento, and transfer back to Hotel

### The Above Rate Does NOT Include:

- Lunches where not indicated
- Drinks at meals
- Other guided tours, entrance fees, coach, train and boat transfers not indicated above -
- Tips and personal expenses
- Anything not stated in "What's included"

**All airfares are subject to change until booked.**



## 2019 LEXINGTON SKI AND SPORTS CLUB SNOWSHOE MOUNTAIN TRIPS

- Lodging at slopeside or village condos
- Transportation by personal auto or carpools
- Après ski pizza buffet
- Lift tickets good at Snowshoe, Silver Creek and Western Territory
- Registration Deadline December 1\_MLK Weekend
- Registration Deadline January 1\_Feb 10 Week
- Estimated costs for standard package based on 20+ participants and quad or six occupancy per condo.
- 2 and 3br condos available

### PAYMENT SCHEDULE

#### MLK WEEKEND TRIP

September sign up	\$100
November 1st	\$240
December 1st	\$200 (Estimated cost based on standard package)

#### Feb 10 week trip

September sign up	\$100
November 1 <sup>st</sup>	\$150
January 1	\$141 (Estimated cost based on standard package)

Jan 18, 2019  
to  
Jan 21, 2019  
MKL Weekend

Standard Package

**\$555**

Per person, double occupancy  
Includes 3 day Adult lift ticket

Feb 10, 2019  
to  
Feb 13, 2019

Standard Package

**\$ 391**

Per person, double occupancy  
Includes 3 day Adult lift ticket

Ground only package no air  
included and travel by member auto

## **Snowshoe WV 2019 trips;**

Join us on Lexington ski club's two ski adventures to the Mid-Atlantic's premier ski resort, Snowshoe Mountain. <https://www.snowshoemtn.com/>

Snowshoe is known for its balanced mix of beginner, intermediate, and advanced ski runs, along with terrain parks for riders of all abilities. With a summit elevation of 4,848', Snowshoe has some of the best snow in the region.

### **New for 2019!**

#### **Press release on Snowshoe snowmaking;**

In summer 2018, we'll be putting nearly \$4 million toward upgrades to our snowmaking and grooming technology. This should allow us to open significantly more of trails by early December and to maintain a high-quality snow surface throughout the ski season



Sign-up at <https://www.lexskisports.org/trips> or at one of our club meetings. For inquiries, please email Tom O'Donnell at [localactivity@lexskisports.org](mailto:localactivity@lexskisports.org) , or call/text 1-425-443-4725.

## **Lodging**

**MLK Weekend trip --**

**Slope side at Mountain Lodge Condos**

[Mountain Lodge at Snowshoe WV | Featuring 1, 2 and 3-Bedroom Ski-In, Bike-Out Condominiums](#)

**Feb. 10 trip --**

**Village Condos at Rimfire Lodge**

<http://www.rimfirelodgeatsnowshoe.com/>

**Pricing on following page**

Mlk Weekend Jan 18-Jan 21			
<u>Pricing for members</u>		<b>* Per Person</b>	
Mtn Lodge standard 3br/3ba or 2br/2ba unit		\$ 555.00	
-----includes 3 day adult lift ticket SAT/SUN/MON			
*assume double occ per bedroom			
<b>Family only pricing available in 1br units w. pull out couch</b>	<u>Occupancy</u>	<u>Per Person</u>	
Mtn Lodge standard 1 br (family only)	4 people	\$ 461.00	
Mtn Lodge standard 1 br (family only)	3 people	\$ 525.00	
Mtn Lodge standard 1 br (family only)	2 people	\$ 655.00	
-----includes 3 day adult lift ticket SAT/SUN/MON			
<b>Singles pricing options available</b>	<b><u>subject to room availability</u></b>		
<b>Option 1</b>		<u>Per Person</u>	
Mtn. Lodge 2 or 3br in 1 separate br		\$ 845.00	
<b>Option 2</b>			
Mtn. Lodge Standard 1 br		\$ 1,042.00	
-----includes 3 day adult lift ticket SAT/SUN/MON			
Early week Feb 10-13			
<u>Pricing for members</u>		<b>* Per Person</b>	
Rimfire Lodge 2 br deluxe with pull out		\$391.00	
-----includes 3 day adult lift ticket MON/TUE/WED			
*assume double occ per bedroom			
<u>Optional Family and single pricing</u>			
<b>Family:</b>		<u>Per Person</u>	
Rimfire Lodge 1 br deluxe with pull out (family only)	4 person price	\$306.00	
Rimfire Lodge 1 br deluxe with pull out (family only)	3 person price	\$351.00	
Rimfire Lodge 1 br deluxe with pull out (family only)	2 person price	\$443.00	
-----includes 3 day adult lift ticket MON/TUE/WED			
<b><i>Single person pricing for <u>twin bed</u> units in Rimfire (limited availability)</i></b>		single occ person	
Rimfire units with twin	single person price	\$391.00	
-----includes 3 day adult lift ticket MON/TUE/WED			
<b><i>Single person pricing for separate bedroom in Rimfire</i></b>		double occ per person	single occ person
Rimfire 2 br deluxe with pull out	3 person price	\$ 391.00	\$616.00
-----includes 3 day adult lift ticket MON/TUE/WED			



# LOCAL ACTIVITIES



## **West 6th Run & Walk Club**

**501 West Sixth Street**

**DATE: October 16, 2018**

**TIME: 5:45 p.m.**

Join fellow sports enthusiasts for a walk/run. Meet outside in front of the main door pictured above at 5:45. This is a very popular event attended by numerous individuals and groups. Those arriving a few minutes early will be treated to a free soft serve pretzel. Don't forget to top it with their special banana pepper mustard. Hang around after the walk for food and drinks. Smithtown Seafood is located inside the West 6th Brewing building.

**WATCH FOR UPCOMING ANNOUNCEMENTS ABOUT  
LOCAL ACTIVITIES ON:**

**LSSC WEBSITE** [www.lexskisports.org](http://www.lexskisports.org)

**FACEBOOK** [www.facebook.com/LexSkiSports](http://www.facebook.com/LexSkiSports)

**MEETUP** <https://www.meetup.com/Lexington-Ski-and-Snowboard-Meetup/>



# IN THE NEWS

## SWEEPSTAKES – WIN TWO 3-DAY LIFT TICKETS TO SKIBIG3!!! – ESTIMATED VALUE = \$740

One lucky winner will receive two 3-Day Lift Tickets to SkiBig3 in Canada. These lift tickets are valid at Lake Louise, Banff Sunshine, and Mt. Norquay. They can be used for the upcoming ski season or during the 2019/20 season. The estimated value is \$740. We will draw for the winner at our Dec 4<sup>th</sup> club meeting (need not be present to win). To enter, you must complete a Sweepstakes Registration Form at one of our upcoming events or meetings (including our Dec 4<sup>th</sup> club meeting) or online at <https://www.lexskisports.org>. Official Rules can be found on the back of the form or when registering online.

If you have questions about this promotion, please email [TerryLCarrico@hotmail.com](mailto:TerryLCarrico@hotmail.com) or call/text him at 1-859-527-9924.

### Spread the word...

In addition to business cards, we now have a club brochure (Example below) to help spread the word about our club. Please pick up some brochures and business cards at our next meeting. Hand them out to your friends and coworkers. Post them at your favorite hangouts. If you are unable to make it to a meeting, but would like some to distribute, or if you know of places where we can display them, please drop an email to [TerryLCarrico@hotmail.com](mailto:TerryLCarrico@hotmail.com).



2018/19 Trips		
Winter Park, CO	Dec 27 - Jan 1	
Snowshoe, WV	Jan 18 - 21, Feb 10 - 13	
Aspen/Snowmass, CO	Jan 26 - Feb 2	
South Lake Tahoe, CA/NV	Feb 23 - Mar 2	
Val di Fassa, Italy	Mar 8 - 17 (ski & tour)	
Amalfi Coast, Italy	Mar 17 - 24 (tour only)	
Follow us on social media and join us on Meetup at: <a href="http://www.meetup.com/Lexington-Ski-and-Snowboard-Meetup">www.meetup.com/Lexington-Ski-and-Snowboard-Meetup</a>		

Our use of social media and online event calendars continues to grow. We post to 16 online event calendars and eight Facebook groups. If you haven't already, be sure to Like our Facebook page [www.facebook.com/LexSkiSports](http://www.facebook.com/LexSkiSports). It also helps when you share our Facebook posts and events to other groups to which you belong. Our club is growing and with your help it will continue to do so. With skiing, like most things in life, the more the merrier. If you know of other calendar/event sites, Facebook group sites, or any other avenues to share our events, please email [TerryLCarrico@hotmail.com](mailto:TerryLCarrico@hotmail.com).

**Questions, comments or concerns...** Do you have a question, comment or concern, but are unsure who to contact? If so, send an email to [info@lexskisports.org](mailto:info@lexskisports.org). You will receive a response within 48 hours.

**SOCIAL**

# **HAPPY HOUR**

## **PIVOT BREWING**

**DATE: October 19, 2018**

**TIME: 6:30 p.m.**

**LOCATION:** 1400 Delaware Ave.

Lexington, Kentucky 40505



**SAVE THE DATE!!**

**DECEMBER 4, 2018**

**HOLIDAY PARTY**

**Pivot Brewing**

1400 Delaware Ave

Lexington, Kentucky 40505

# MEMBERSHIP



## IT'S TIME TO JOIN OR RENEW YOUR MEMBERSHIP IN LSSC !!!

**Remember: You must complete a membership application if you plan to go on a LSSC ski trip (except one day trips).**

Join or renew an LSSC web site by visiting the LSSC website or attending the October 4 club meeting.

Dues are \$40.00 per year and may be paid online or by check. **NEW members who go on a qualifying LSSC trip this season will have the amount of their dues credited against the cost of the trip.**

Please be sure to ***sign the member waiver*** – it is ***required*** to process an application.



Completed applications can be returned to Cecile McKinney (membership chairperson) at the meeting or mailed to the club's P.O. Box (see website).



# BOARD NOTES



The next board meeting will be held October 10, 2018. Members may attend a meeting of the board by notifying any board member in advance. Contact a board member for the meeting location if you would like to attend.

## LSSC Officers and Directors

### 2018-19

PRESIDENT - JERRY ANDERSON <a href="mailto:jerryjalaw@aol.com">jerryjalaw@aol.com</a>	MEMBERSHIP-CECILE MCKINNEY <a href="mailto:cilkyus@yahoo.com">cilkyus@yahoo.com</a>
PAST PRESIDENT – DAN GEIGER <a href="mailto:dangeiger17@gmail.com">dangeiger17@gmail.com</a>	WEB MASTER-DAVID MORRISON <a href="mailto:davidaaronmorrison@gmail.com">davidaaronmorrison@gmail.com</a>
SECRETARY- - JANET GRAHAM JONES <a href="mailto:jgjones@uky.edu">jgjones@uky.edu</a>	NEWSLETTER- ANNETTE RIEHLE <a href="mailto:newsletter@lexskisports.org">newsletter@lexskisports.org</a>
EXEC VP-HOWARD GLAUERT <a href="mailto:hglauert@uky.edu">hglauert@uky.edu</a>	RACING-DIANNA MILLER <a href="mailto:hagski@aol.com">hagski@aol.com</a>
TREASURER-CHARLIE LISLE <a href="mailto:clisle1512@aol.com">clisle1512@aol.com</a>	PRESIDENT-ELECT- JANET GRAHAM JONES <a href="mailto:jgjones@uky.edu">jgjones@uky.edu</a>
SOCIAL – TARA KEEGAN <a href="mailto:Tarak828@hotmail.com">Tarak828@hotmail.com</a>	MARKETING & PUBLICITY DIRECTOR - TERRY CARRICO <a href="mailto:terrylcarrico@hotmail.com">terrylcarrico@hotmail.com</a>
	LOCAL TRIP DIRECTOR- TOM O'DONNELL <a href="mailto:localactivity@lexskisports.org">localactivity@lexskisports.org</a>



<https://www.facebook.com/LexSkiSports/>

<https://www.facebook.com/groups/528526410566966/>



<http://www.ovsc.org>

LSSC website: [www.lexskisports.org](http://www.lexskisports.org)

LSSC Meetup:

<https://www.meetup.com/Lexington-Ski-and-Snowboard-Meetup/> ?



<http://skifederation.org>